

REGIONAL FACT SHEET: OLDHAM

682 of the 5,867 (11.6%) of the Health Snapshot entries were from people living in Oldham.

Demographics

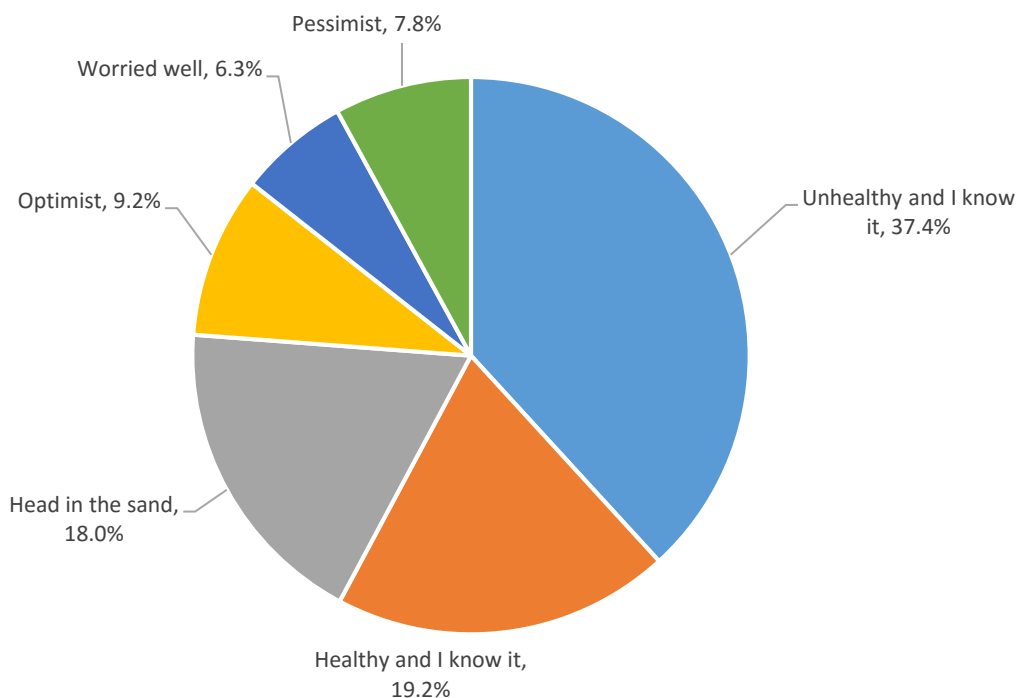
Gender	% of total who completed the Health Snapshot
Female	66.4%
Male	32.4%
Non-Binary	0.7%
Rather not say	0.4%

Age group	% of total who completed the Health Snapshot
17 or less	6.0%
18 to 34	24.3%
35 to 44	22.4%
46 to 65	31.8%
66 to 79	12.0%
80 or more	2.5%
Rather not say	0.9%

Ethnic group	% of total who completed the Health Snapshot
White: British	75.8%
Asian British or Asian: Pakistani	7.2%
Asian British or Asian: Bangladeshi	4.8%
White: Other	2.5%
Other	2.5%
Asian British or Asian: Indian	1.5%
Black British or Black: Caribbean	1.5%
Black British or Black: African	1.3%
White: Irish	1.0%
Rather not say	1.0%
Asian British or Asian: Other	0.3%
Asian British or Asian: Chinese	0.3%
White: Gypsy or Irish Traveller	0.1%
Black British or Black: Other	0.1%

Employment status	% of total who completed the Health Snapshot
Employed	48.2%
Not working – due to disability	5.3%
Not working – due to ill health	4.0%
Not working – retired	16.4%
Rather not say	2.5%
Student	8.4%
Unemployed	15.2%

Typology	% of total OLDHAM data	% of total GM data
Unhealthy and I know it	37%	34%
Healthy and I know it	19%	13%
Head in the sand	18%	18%
Optimist	9%	18%
Worried well	8%	4%
Pessimist	6%	10%
Excluded	2%	3%



Online Workshop

Overview

328 (48.1%) of the people who identified themselves as living in Oldham in the Health Snapshot joined the online workshop.

6.1% of the contributions in the online workshop were made by people who identified themselves as living in Oldham.

Contributions

By coding

Theme	% of total contributions
Provision of public health and social care information/services	54.8%
Facilities – Environment	23.3%
Resources	12.2%
Provision of private services/products	9.7%

Top ideas – Solutions

- Idea title:** Growing for health - allotments (27 likes, 0 dislikes, 2 comments)

“An outdoor activity that involves growing fresh fruit and vegetables, decreases social isolation, and benefits people of all ages?
Allotments.
They need more support to offer different growing methods for people - proper raised beds for those unable to dig and bend, raised beds and funding for growing schemes to include children more.
There are various community growing schemes around Oldham - these could be offered 'on prescription' to people in need of exercise and better eating. The Alexandra Park Hub scheme is a wonderful example.”
- Idea title:** GO .. Walk, Talk, Eat, Play (25 likes, 1 dislike, 4 comments)

“An outdoor activity that involves growing fresh fruit and vegetables, decreases social isolation, and benefits people of all ages?
Allotments.
- Idea title:** Cookery classes (20 likes, 1 dislike, 1 comment)

“Perhaps a day or night school class , teaching people how to make simple meals using affordable foods , there could be a core 6 meals or ideas that people could replicate using pulses which are very cheap , soups which can be very tasty.”